



**Competitor Briefing**

**CORC**

## EVENT SUMMARY

Mitas Terra in the Berra début! 3 days, 3 stages and 3 different locations right here in Canberra, over the Labour Day Long weekend. Mitas Terra in the Berra will be Canberra's very first Mountain bike stage race event, and we are excited to see what the first year of racing will be like. Be sure to mark your calendars, you're not going to want to miss this one! 29 Sep 2018- 1st Oct 2018.

Mitas Terra in the Berra is suited to all skill levels, and with the race covering roughly 110 km in total over 3 days, this will surely be a good test of the legs. This event can be ridden by all riders, from the most social riders to the fast and furious elite riders. For a detailed breakdown of each stage, please refer to the Course Overview. The Canberra trails do not need a high level of technical ability, and we will ensure the course is fully marked, so don't worry you won't have to rely on your own navigation skills!

We've designed the course so each stage is unique and challenge riders in different ways, with plenty of spectating spots and great photo opportunities, be sure to bring out the friends and family so they can cheer you on!

## EVENT ENTRY

So you think you are up to the challenge, that's great!

Register online here:

All 3 stages (<https://entryboss.cc/races/1397>)

Stage 1 - Greenhills (<https://entryboss.cc/races/1398>)

Stage 2 -Stromlo (<https://entryboss.cc/races/1399>)

Stage 3 - Majura (<https://entryboss.cc/races/1400>)

There is single stage entries if you don't think you can commit to all 3 days, otherwise there is 'Mitas Terra in the Berra - All 3 Stages' for you to enter to save you time!

### Mountain Bike Australia Membership

To be eligible to race every rider is required to hold a valid race membership with Mountain Bike Australia, either an Annual Race Membership or Race Licence.

Annual Membership: You must hold a valid annual membership to Mountain Bike Australia for the current season. You will need to enter your membership number at time of registration.

Race Licence: If don't hold a valid annual registration with Mountain Bike Australia you will be required to purchase at time of entry (AUD\$33).

For more information about coverage please view the Mountain Bike Australia web page.

### Entry Fees

#### All 3 Stage Entry:

- **\$150 for Adults**
- **\$75 for Juniors**

#### Single Stage Entry:

- **\$60 for Adults**
- **\$30 for Juniors**

### Categories

Mitas Terra in the Berra has 6 Solo Categories, for riders of all skill sets! The categories are based on your age as of 29/09/2018.

- U19 Male and Female
- Elite Male and Female
- 19-39 Male and Female
- 40-49 Male and Female
- 50-59 Male and Female
- 60+ Male and Female

**Please note, we were planning to do Pairs, however, this has shown a bit too complex for our timing setup, and thus have only included solo categories. We will be aiming to run Pairs in the next year's event. (Apologies for any inconvenience, this is out of our control for the first launch of the race)**

## TIMING

After each stage the times will be recorded at the event centre; for riders entered for a single stage, the fastest rider wins their category and plenty of bragging rights! For riders entered in the three-day full stage race, placings and times for each stage will count toward overall positions. The leader at the end of three stages will be the winner.

Official timing for this event is being delivered by Down Under Race Timing (DURT), who will provide all race timing infrastructure and staffing for all three stages. The MTitB will utilise electronic timing based on RFID tags attached to race number plates at the front of each competitors' bike. The DURT timing will be relied upon as the only source of results for the purpose of all overall and category results on each stage, as well as for the overall stage race.

All our races are timed with chip timing which is attached to your number plate. There are mats that record your time at the start and finish of each stage. Only ride over them if you have completed a full stage. Only your own number plate can be on your bike.

Number plates need to be attached to the handle bar of your bike; we provide cable ties at race registration. Make sure the number plate displays as flat as possible so that the race number is clearly visible at all times.

However, CORC reserve the right to utilise alternative options for facilitating King/Queen of the Mountain (KOM/QOM) awards on any or all stages. This may include the use of Strava as a single source of results for this type of 'interim' competition within a stage. However, if CORC adopt this method, competitors will be informed beforehand, including advice that Strava (or similar) results will be the final source of data for that award.

### [Want to keep track of your stage times?](#)

We've got your back, we will have an area set out where racers can check their lap times. If you see a discrepancy, please notify one of our volunteers, who will be able to look into it and adjust times/lap numbers if necessary. But please be patient and wait for them to fix the error.

We will publish "preliminary results" as soon as possible after each stage, you can flag any discrepancies with our volunteering team if required.

3 Days, 3 stages and 3 different locations. Mitas Terra in the Berra has you racing on some of Canberra's finest mountain bike trails, all within 20 minutes of the heart of Canberra.

## STAGE 1: Greenhills Plantation

**Distance:** 35 km

**Rider Briefing:** 12:50

**Race Start:** 1pm

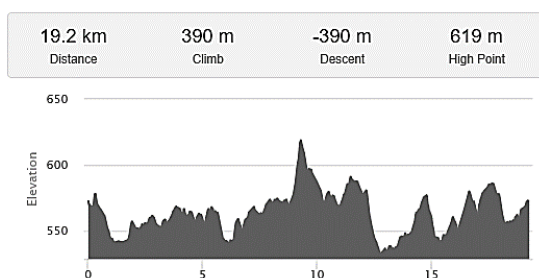
**Location:** Greenhills West Forest Plantation - Harold White Avenue, Coombs, ACT

### Course Description:

Stage 1 will open the Mitas Terra in the Berra with an adventure through unfamiliar territory! Centred on the Greenhills West pine plantation, the race will take place from an Event Centre in the middle of the forest. With a fast fire road start loop taking riders to the northern section and straight into a pinch climb to the highest point in Greenhills. Dodging cows and kangaroos along the way, a mix of super fast fire roads and raw hand built trails lead riders back through the Event Centre. Riders will then transition to Zoo Pines for a quick sprint, before hitting the fire roads to blast back around the northern circuit for one more time. This will be the fastest stage of the Terra, before moving on to some familiar single track destinations over the coming days.

### Stage 1 Trail Fork link:

<https://www.trailforks.com/route/mitas-terra-in-the-berra-stage-1-greenhills/>



### Parking:

Primary access to Event Centre via the causeway at the end of Harold White Avenue, Coombs, ACT

Only official event vehicles and emergency services vehicles will be permitted across the causeway and into the Event Centre/Forest during the period of the event

Competitor and spectator parking will be on the south side of the causeway at the end of Harold White Avenue, with a small amount of off-street parking to be cordoned off- all other parking will be on-street in Coombs. Competitors are also encouraged to park at Stromlo Forest Park and ride to the Stage 1 Event Centre

## STAGE 2: Stromlo Forest Park

**Distance:** 50 km

**Rider Briefing:** 9:50

**Start Time:** 10 am

**Location:** Stromlo Forest Park

### Course Description:

Stromlo Forest Park is known as Australia's premiere mountain bike park – and there's no doubt about it, this is the perfect place to host the King Stage of the event. The course is designed to combine everyone's most loved trails, in a completely new format so it's new and exciting for even those most experienced Stromlo Riders.

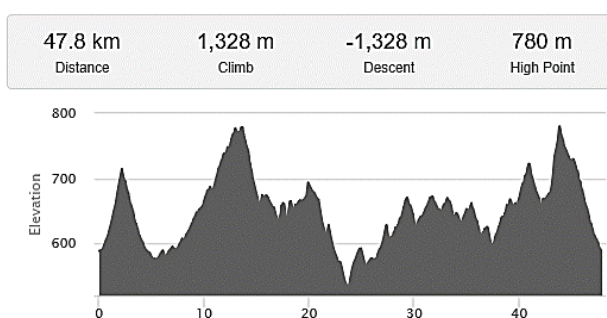
Western Wedgetail: Welcome to the peak of Stromlo! Now the question is, which trails do you take back down? For a lot of riders, there's one standout route from the top of the mountain; Western Wedgetail into Skyline. These two trails are both rated as green descents, but they definitely aren't dull! Linking these two trails together in one run is some of the fastest, flowiest riding you can do at Stromlo.

So you've just ridden Western Wedgetail and Skyline. What's next? Luge! As the name implies, Luge is a snaking stack of perfect berms, with barely a moment in between them to compose yourself or wipe the grin off your face. This trail is often picked as a favourite and it's easy to see why. If you love ripping round a berm, you'll love Luge.

You can pre-place your own hydration / nutrition alongside the race chute in the Football Ground ready for you to collect during the race.

Stage 2 Trail Fork link:

<https://www.trailforks.com/route/mitas-terra-in-the-berra-stage-2-stromlo/>



### Parking:

The main vehicle entry gates are located at the end of Opperman Avenue, North Wright. Cycle and pedestrian entry is also via the shared path from the ACT Bushfire Memorial off Swallowtail Road, Wright.

## THE KING AND QUEEN OF THE MOUNTAIN CLIMB

Be warned, this climb is designed to be brutal. Being only located 6km from the race finish, this KOM / QOM will challenge even the strongest legs, and this will be the last push for the rider's legs, before the sweet flowing trails of Skyline and Luge taking them straight to the finishing line. This is a timed climb, and based on the fastest recorded time up the mountain. The King and Queen of the Mountain climb is limited to riders in the full Mitas Terra in the Berra and is located at the base of Casuarina Climb to top of Western Wedgetail.

## KIDS RACING

This is a family and friends friendly event, and children are absolutely welcome! All venues are very family-friendly, there are spaces for kids to roam around and as we have the event catered, they should be looked after also. We do recommend that you bring tents or marquees to provide shade on a sunny day.

CORC will be hosting a Kids Race for them to have some fun out on the trails, this will be on the day registration, and will be at no cost to the parents. The children's race will be held on Sunday at Stromlo Forest Park, as this is the most kid-friendly location.

## STAGE 3: Innabaanya Guides Camp/Majura Pines

**Distance:** 25 km

**Rider Briefing:** 9:50

**Start Time:** 10 am

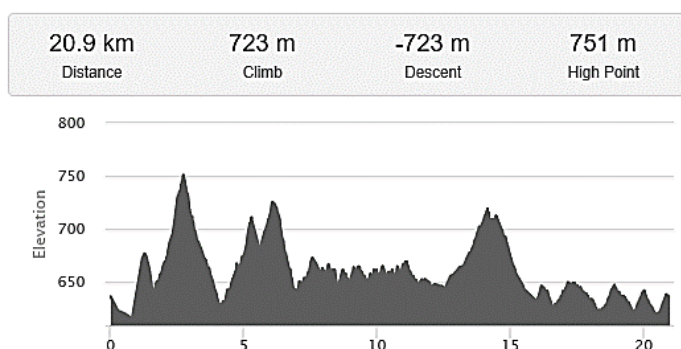
**Location:** Tambreet Street, Majura ACT (via Majura Parkway or Majura Road)

### Course Description:

The grand finale to the Mitas Terra in the Berra will play out at the most historic of Canberra mountain bike venues, Majura Pines. While Sunday's queen stage will establish the GC pecking order, category placings will be far from decided with plenty of climbing and tricky single track sections packed into this stage. The recent forest clearing operations has been a blessing in disguise; within days of reopening the forest, the Majura Paine Trail Alliance was in there weaving their magic and the trails are currently riding better than ever. This stage is a real showcase of everything Majura Pines has to offer, there isn't many trails that aren't included. All your favourites like Barry, Planet Claire and Pinot Grigio got the call up, as well as some of the less trafficked trails like Space Elevator and Auto Alley. And for any old school racers that rode the '97 National Championships, you'll be pleased to know that (part of) the Mineshaft is making a long awaited comeback. While the course distance might sound short this stage is not to be underestimated. Two ascents up the main hill and once up the winery hill allow the inclusion of some great descents but they will be tough on the 3rd day of racing. However, the course has been designed in a way to have the flowier trails in the second half so hopefully everyone will finish with a big smile and any early grovelling will be a distant memory when you cross the finish line.

Stage 3 Trail Fork link:

<https://www.trailforks.com/route/mitas-terra-in-the-berra-stage-3-majura/>



### Parking:

Competitor and spectator parking will be within the parking area at the front of Innabaanya Guides Camp. Additional spectator parking is available on Majura Road and Lime Kiln Road, for access to alternative sections of the competitive stage

### THE KING AND QUEEN OF THE MOUNTAIN CLIMB

Be warned, these climbs are designed to be brutal and they will challenge even the strongest legs. This is a timed climb, and based on the fastest recorded time up the mountain. Each stage will host a



'KOM / QOM' and the fastest male and female over the individual KOM/QOM segment will receive points for winning that climb that will go towards the overall KOM / QOM Competition. The male and female riders that have the most KOM/QOM points for the competition win.

Points awarded for each climb

**1<sup>st</sup>** - 10 points

**2<sup>nd</sup>** - 8 Points

**3<sup>rd</sup>** - 6 Points

**4<sup>th</sup>** - 4 Points

**5<sup>th</sup>** - 2 Points

## COURSE MAPS

Trailfork Maps of the course will be posted on the event website. There will be maps on display at the Event Hub near the registration area. The course is well marked with a mix of tape, bunting and arrows. At all intersections there will be an arrow indicating the direction to travel followed by two pieces of confirmation flagging tape hung a short distance along the correct route. There will also be flagging tape at intervals on the route if there are no junctions. There are plenty of markers but if you don't pay attention you could go off the course.

## STAY IN CONTROL

This is a long event and contains single track as well as fire roads. There are technical sections and some fast downhills. Make sure you ride within your ability and that you are always in control: we don't want any injuries! Get off and walk if you need to. The trail can vary very quickly from smooth and fast to rough, rocky, rutted short steep mounds with narrow trees in the landing zone and sharp corners.

## WATER STATIONS

For the 50km Stromlo Stage there are two feed stations; located at the race start and at intersection next to the top of double dissolution (riders will travel through this intersection multiple times)

There will be a combination of water at each of these water stations. You should NOT rely solely on the waters stations.

## PHOTOGRAPHY:

**FINISHER PIX – NEVER FORGET YOUR RIDE!**

The legendary David Blucher will be out on courses taking those amazing shots and photographing your ride across all stages!

David is a volunteering photographer and doesn't charge for his photos, and this is known to be a legend across all of Canberra. Please be sure to credit any photos to David Blucher.

All photos can be accessed via visiting his Flickr Account ([Link below](#))

<https://www.flickr.com/photos/45916358@N05/>

Or via Facebook: David John Blucher

Be sure to smile for the camera!

## SCHEDULE

Time	Activity
<b>Friday 28 Sep</b>	
3:00pm	Registration (Time and location TBC)
<b>Saturday 29 Sep</b>	
11:00	Registration open, Green Hills Plantation
12:50	Race Briefing
1:00pm	Racing starts - Stage 1
<b>Sunday 30 Sep</b>	
9:00am	Registration open, Stromlo Forest Park
9:50am	Race Briefing
10:00am	Racing starts - Stage 2
<b>Monday 01 Oct</b>	
9:00am	Registration open, Majura Pines, Innabaanya Camp
9:50am	Race Briefing
10:00am	Racing starts - Stage 3

**\* Event schedule is draft and subject to change.**

## RECOMMENDED EQUIPMENT:

We recommend you carry the following items:

- Pump or CO2 canister(s)
- Spare tube(s) or patches
- Chain breaker tool
- Spare chain quick links
- Lube
- Food and drink
- Sunscreen

## RUBBISH

Please do not throw your gel / bar wrapper or other rubbish on the course or around Canberra. There are bins at each of the feed stations. Shove your wrappers in your pockets or up your knicks until you get to the next water / feed station. Do not litter the trails. The trails we will be using are all on land managed by the ACT Government, including operational forestry plantations and public sporting facilities, so let's make sure we can return and run the event next year!

## RACE RULES

- Have FUN!
- Self-seed and be honest
- You must wear an Australian standard cycling helmet.
- Your race number must be visible on the front of your bike at all times.
- Be courteous at all times – there are other riders on track doing their best, it is only a club race so please be patient when behind slower riders. For example call out “track when convenient” or “rider” when approaching. Wait until they respond with “on my left” or “on my right” before overtaking, once you have overtaken say “Thank you!”
- Reports of bad etiquette, abuse, pushing riders out of the way will be dealt with by the parties involved and the Race Commissaire
- Please follow the course, we do our best to mark the course with bunting and arrows. Please take great care with arrows as some of the race tracks have trail arrows and not CORC arrows. Do not take short cuts or stray from the single track or fire trail. If you see a rider cutting the course, please let the Race Director know and the rider will be disqualified from the race.
- Emergency Vehicles. If an injured rider has to be evacuated, an emergency vehicle may have to move through the bush to conduct the evacuation. The Emergency Vehicle will have hazard lights and headlights on at all times. Riders should slow down to let the vehicle pass if required – or stop where directed by marshals.

- Withdrawing from the event: If you need to withdraw from the event for any reason at all, you must report to the timing marshals at the event Hub. You need to tell the timing marshals that you have withdrawn from the event. This is extremely important for the safety operation of the event. Do not ride through the finish arch but instead go directly to the timing marshals who will be located beside the finish arch.

## FREQUENTLY ASKED QUESTIONS:

**1. I only want to race one stage of the event, is this possible?**

If the full Mitas Terra in the Berra is too tricky for you, you can definitely come out and race a single stage here and there! Just enter online!

**2. Is this Ride timed?**

Yes, the ride is timed. Rider times will be made available upon completion of each stage race and will be uploaded to xxx website shortly thereafter. Please be patient with our timers and do not approach them at the finish line until everyone has completed the day's stage. If there is an issue we will be able to assist you!

**3. What will we expect at the event centre?**

You will find our registration tent – that's where you come to meet us and our crew and register if you haven't done so already the day earlier. We will also have portable toilets organised (as required), and places to fill up your water bottles.

**4. What happens if it's bad weather conditions (raining)?**

Racing in the wet is quite an experience and can be good fun. However, bring lots of warm and rainproof clothes for the laps and afterwards. A bit of rain won't do any harm, however, if there are torrential downpours and we decide it's not safe anymore then we might either interrupt the race or have it shortened.

We pride ourselves on operating a set of very proactive wet weather procedures. We are very conscious about your safety and the sustainable use of the tracks – so if very bad weather is expected for any of the stages, we'll monitor the situation in the lead up and provide you with updates via our website, social media channels and newsletters.

For certain venues we have specific wet weather policies in place in accordance with the rules and regulations set out by the various land managers. These will be clearly announced and publicised on our website.